

Defensive Driving for the Experienced Driver

Live Training

Dates: Varies

Length: 180 Minutes (3 Hours)

Description

In today's fast-paced world, the road can be a precarious place, especially for experienced drivers who might underestimate the risks due to their years behind the wheel. "Defensive Driving for the Experienced Driver" is a dynamic course designed to equip seasoned drivers with insights and techniques to navigate safely through any driving environment.

This highly interactive course delves into the underlying causes of collisions, emphasizing the importance of proactive measures in preventing accidents. Through a comprehensive exploration of topics including driving requirements, and defensive driving behaviors, participants will develop the skills needed to navigate any driving environment with confidence. Special emphasis is placed on understanding the driving environment, combating distracted driving, and mastering safe backing techniques. Led by experienced instructors, this course offers practical strategies and personalized feedback to equip drivers with the knowledge and skills necessary for safer, more responsible driving.

Course Outline

Introduction and Overview (15 minutes)

- Welcome and Introduction
- Participant Introductions (name, department, reason for training)
- Course Objectives and Agenda

Section 1: A Bad Driver? Not Me! (30 minutes)

- Discussion: Why Do Collisions Happen?
 - Audience Interaction: Share experiences
 - Key Points: Complacency and its dangers
 - Statistical Insights: Dunning-Kruger effect on driving
- Self-Assessment: Are You a Bad Driver?
 - Various scenarios and statistics

Section 2: Driving Requirements (20 minutes)

- Responsibilities of a Driver
 - Daily Inspections
 - Route Familiarity and Hazard Awareness
 - Courtesy and Incident Reporting
 - Policy on Authorized Drivers and Substance Use

- Passengers and Seat Belts
- Breakdown Procedures
- Minor Property Damage Reporting

Break (10 minutes)

Section 3: Defensive Driving Behaviors (40 minutes)

- Definition and Importance of Defensive Driving
- Key Defensive Driving Techniques
 - Looking for possible dangers
 - Maintaining proper following distance
 - Adjusting driving to conditions
 - Proper use of mirrors and signals
- Effects of Speeding
 - Stopping distances and reaction times
 - Speeding statistics and consequences

Section 4: The Driving Environment (20 minutes)

- Environmental Factors Affecting Driving
 - Weather conditions
 - Road conditions
 - Traffic patterns
- Adjusting Driving Behavior
 - Recognizing and managing risks
 - Avoiding common driving hazards

Section 5: Distracted Driving (25 minutes)

- Types of Distractions
 - Visual, manual, and cognitive distractions
 - Statistics on distracted driving incidents
- Strategies to Minimize Distractions
 - Policy on electronic device usage
 - Safe driving practices

Section 6: Safe Backing (15 minutes)

- Common Backing Accidents
 - Statistics and case studies
- Techniques for Safe Backing
 - Using mirrors and backup cameras
 - Safe backing procedures

Conclusion and Q&A (15 minutes)

- Recap of Key Points
- Open Floor for Questions
- Final Thoughts and Takeaways

Instructor Bio*

*Please note that each of our safety managers do this training, I have provided each of their bios however they do not present this together.

Katie Durfee

Katie Durfee joined CIS as a risk management consultant in April 2017. Katie came to CIS from Oregon City where she served in the city manager's office, overseeing risk management, claims and the coordination of emergency preparedness training. Prior to joining Oregon City, Katie served as a Chief Deputy County Clerk for Valley County, Idaho and managed the County's Risk Management program. She has previously served as the President for the Idaho Chapter of PRIMA, as well as participated on several National PRIMA committees, including the Leadership Development Committee. Katie has more than eleven years of local government experience. She holds a Bachelor of Science degree in Business Administration with a concentration in Human Resource Management from Colorado Technical University.

Lisa Masters

Lisa Masters is the Senior Risk Management Consultant for the eastern Oregon region. She has over 26 years of experience working with public entities and 19 years working in safety, workers' compensation, risk management and the insurance industries. Her work experience includes working in the risk management and underwriting departments at SAIF Corporation, as a Loss Control Consultant at the ESD 112 in Southwest Washington, the Risk Manager of Jackson County, and the Personnel/Safety Manager for Southern Oregon Head Start. Lisa's education includes a Bachelor of Science degree from Oregon State University in Business Management and an Associate in Risk Management designation.

Dan Brown

Dan Brown has an extensive law enforcement career spanning over 30 years, serving both sheriff's offices and police departments in Arizona. He retired as a police chief in Arizona and moved to Oregon to become Burns' city manager in 2021 before coming to CIS in 2022. He is a regional, national, and internationally recognized law enforcement trainer and has presented before the United Nations in Vienna as a United States law enforcement expert. Dan received his Bachelor of Science degree in Education (Career and Technical Education) from Northern Arizona University (NAU) in Flagstaff. Later, he earned a Master of Administration with an emphasis in Public Management, also from NAU. Dan is a Ph.D. candidate at Liberty University, pursuing his Ph.D. in Criminal Justice with an emphasis in Leadership. Dan also served honorably in the armed forces, earning the rank of Sergeant in the U.S. Marine Corps — and Sergeant in the U.S. Army National Guard of Arizona.